

Advanced Coaching and Leadership Development Using the MBTI® Instrument

About the MBTI instrument

The Myers-Briggs Type Indicator® (MBTI®) Step I instrument is a versatile tool, which provides individuals and teams with a powerful understanding of their own and others' personality style. By understanding the differences between personality types, groups and individuals are able to work together more effectively, improving communication and reducing conflict.

This instrument can be used in one-to-one and group settings, and has a wide range of workplace applications including: individual development and executive coaching; management and leadership development; teambuilding and development; organisational change and improving communication.

Who can attend?

To attend this programme you must be a qualified practitioner of the MBTI instrument. You should therefore have successfully completed one of the following:

- MBTI Step I Qualifying programme
- MBTI Step I Conversion programme
- Level B Intermediate Plus programme with OPP.

Participants must also:

- have a working knowledge of type dynamics
- have experience of applying the MBTI Instrument in a coaching/development context
- have considerable experience in coaching.

If you do not have this experience, you may find the 'Using the MBTI instrument in coaching and management development' programme a more suitable level to start with.

Programme dates

Please visit our website to view our training dates at www.opp.eu.com/calendar.

Fee

Please visit our website to view our full price list at www.opp.eu.com/pricelist.

How to book

By telephone

Call our Learning Operations team on **0845 603 9958**.

Online

Book online at www.opp.eu.com/shop.

By email

Send an email including course and participant details to learning@opp.eu.com.

By fax

Complete the programme booking form and fax to **01865 511222**.

By post

Complete the programme booking form, enclosing a cheque or credit card details and send it to the address at the end of this info sheet.

Duration

One-day programme

Locations

Dublin, Oxford

Also available in other European countries – please see www.opp.eu.com for details. Also available as an in-house programme for organisations with several participants (see over).

Programme outline

This programme includes detailed information on how the MBTI instrument can be used to enhance personal development and improve coaching skills for leaders. It includes practical sessions to raise awareness of personal type development, as well as sessions incorporating type into experiential coaching techniques. The following areas will be covered:

- Type in the context of developing authentic and effective leaders
- Type development and effective expression of type
- Advanced understanding of type dynamics.

Benefits for you and your organisation

This programme will help to build upon the extensive knowledge gained from your qualifying training. It will help you to develop the skills and experience you need to apply the MBTI instrument in a coaching or leadership development context.

On completion of this programme, you will:

- be able to draw on the benefits of using type for developing authentic and effective leaders
- understand the impact of type development on the expression of type
- be able to incorporate type into practical coaching tools and techniques to facilitate change for clients
- understand how to work with clients experiencing stress or in midlife transition.

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By fax

Complete the programme booking form and fax to 01865 511222.

By email

Send an email including course and participant details to learning@opp.eu.com.

Via our website

Visit www.opp.eu.com and make a provisional booking which will be confirmed by return subject to availability.

OPP[®] Ltd

With expertise in applied business psychology, OPP enables organisations, teams and individuals to improve their effectiveness. Client solutions are delivered through the capabilities of our consultancy and learning services and a portfolio of world-renowned psychometric instruments. OPP works with companies in the UK and the whole of Europe through a network of regional partners and offices. Visit www.opp.eu.com, email enquiry@opp.eu.com or call one of the national rate numbers listed below for information on the full range of OPP products and services.

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Ireland: +353 (0)1 295 6443

Italy: +39 340 1872655

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Do you have six or more people who wish to attend? Why not try one of our in-house programmes?

OPP has many years' experience of providing 'in-house' programmes for clients, where one of OPP's renowned psychometric programmes is run exclusively for your employees at a venue of your choice. Benefits include:

- Flexibility – date, venue to suit you and tailored to your organisation's needs.
- Value – cost per participant significantly less, relevant to your organisation and its issues.
- Quality – increase employee motivation and improve teamwork within your organisation.

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