

Coaching and Management Development Using the MBTI® Instrument

About the MBTI instrument

The Myers-Briggs Type Indicator® (MBTI®) Step I instrument is a versatile tool, which provides individuals and teams with a powerful understanding of their own and others' personality style. By understanding the differences between personality types, groups and individuals are able to work together more effectively, improving communication and reducing conflict.

This instrument can be used in one-to-one and group settings, and has a wide range of workplace applications including: individual development and executive coaching; management and leadership development; teambuilding and development; organisational change and improving communication.

Who can attend?

To attend this programme you must be a qualified practitioner of the MBTI instrument. You should therefore have successfully completed one of the following:

- MBTI Step I Qualifying Programme
- MBTI Step I Conversion Programme
- Level B Intermediate Plus Programme with OPP.

An advanced level of this programme is available for qualified practitioners with greater experience of using the MBTI instrument in a coaching or development context.

Programme dates

Please visit our website to view our training dates at www.opp.eu.com/calendar.

Fee

Please visit our website to view our full price list at www.opp.eu.com/pricelist.

How to book

By telephone

Call our Learning Operations team on **0845 603 9958**.

Online

Book online at www.opp.eu.com/shop.

By email

Send an email including course and participant details to learning@opp.eu.com.

By fax

Complete the programme booking form and fax to **01865 511222**.

By post

Complete the programme booking form, enclosing a cheque or credit card details and send it to the address at the end of this info sheet.

Duration

One-day programme

Locations

Dublin, Edinburgh, Leeds, London, Oxford

Also available in other European countries – please see www.opp.eu.com for details. Also available as an in-house programme for organisations with several participants (see over).

Programme outline

This programme uses a variety of learning methods, including interactive exercises, group work, presentations and practice sessions. The programme covers the following areas:

- Incorporating the MBTI instrument into the development process
- Integrating the instrument into a coaching model, and delivering effective developmental planning sessions
- Recognising how your own preferences might impact on your coaching style
- Applying the instrument to help managers with the challenges of leadership, communication and managing transitions.

Benefits for you and your organisation

This programme covers the use of the MBTI instrument in one-to-one developmental discussions. For those involved in coaching or development planning sessions, this programme will enable you to capitalise on the power of the MBTI instrument, helping others to identify how their preferences can impact on performance.

On completion of this programme, you will be able to apply the new techniques learnt to help employees at all levels improve their performance through an understanding of their type.

OPP[®] Ltd

With expertise in applied business psychology, OPP enables organisations, teams and individuals to improve their effectiveness. Client solutions are delivered through the capabilities of our consultancy and learning services and a portfolio of world-renowned psychometric instruments. OPP works with companies in the UK and the whole of Europe through a network of regional partners and offices. Visit www.opp.eu.com, email enquiry@opp.eu.com or call one of the national rate numbers listed below for information on the full range of OPP products and services.

UK: +44 (0)845 603 9958

Belgium: +32 (0)2 709 2919

Denmark: +45 3644 1040
France: +33 (0)1 55 34 92 00
Germany: +49 (0)2 195 926900
Ireland: +353 (0)1 295 6443
Italy: +39 340 1872655
The Netherlands: +31 (0)20 586 3300
Spain: +34 91 799 10 40

Address

OPP Ltd
Learning Operations team
Elsfield Hall
15-17 Elsfield Way
Oxford, OX2 8EP
United Kingdom
Tel: +44 (0)845 603 9958
www.opp.eu.com

Do you have six or more people who wish to attend? Why not try one of our in-house programmes?

OPP has many years' experience of providing 'in-house' programmes for clients, where one of OPP's renowned psychometric programmes is run exclusively for your employees at a venue of your choice. Benefits include:

- Flexibility – date, venue to suit you and tailored to your organisation's needs.
- Value – cost per participant significantly less, relevant to your organisation and its issues.
- Quality – increase employee motivation and improve teamwork within your organisation.